



I DARE YOU

Music : I dare you – Rascal Flatts feat Jonas Brothers

Choreographer : Chrystel DURAND (feb 2025)

Description : 32 counts, 4 walls, 1 break

Level : low intermediate

Intro : 3x8

1-8 ROCK SIDE, ROCK BACK, TRIPLE FORWARD, STEP ½ TURN

1-2	Rock right to right side, recover on left	
3-4	Rock right back, recover on left	
5&6	Step right forward, step left next to right, step right forward	
7-8	Step left forward, ½ turn right (weight on right foot)	6.00

9-16 TRIPLE ½ TURN, ¼ TURN & ROCK SIDE, BACK, SIDE, TRIPLE FORWARD

1&2	¼ turn stepping left to left side, right next to left, ¼ turn left stepping left back	12.00
3-4	¼ turn right rocking right to right side, recover on left	3.00
5-6	Step right back, step left to left side	
7&8	Step right forward, step left next to right, step right forward	

17-24 STEP FORWARD, SWEEP ½ TURN, BEHIND, SIDE, CROSS ROCK, TRIPLE SIDE

1-2	Step left forward, sweep right foot from front to back making a ½ turn right	9.00
3-4	Cross right behind left, step left to left side	
5-6	Cross rock right over left, recover on left	
7&8	Step right to right side, step left next to right, step right to right side	

25-32 CROSS, SIDE, BEHIND, ¼ TURN, FORWARD, ½ TURN, ¼ TURN, DRAG

1-2	Cross left over right, step right to right side	
3-4	Cross left behind right, ¼ turn right stepping right forward	12.00
5-6	Step left forward, ½ turn right (weight on right foot)	6.00
7-8	¼ turn right stepping big step to the left side, slide right next to left (keep weight on left foot)	9.00

Break 32 counts : at the end of wall 8 (face at 12.00) dance the followings 32 counts before restart the dance from the beginning (follow the lyrics “Run baby run, baby run”)

1-8 SWAYS, HOLDS

1-2-3-4	Sway to the right, sway to the left, sway to the right
5-8	holds

9-16 SWAYS, HOLDS

1-2-3-4	sway to the left, sway to the right, sway to the left, hold
5-8	holds

1-8 SWAYS, HOLDS

1-2-3-4	Sway to the right, sway to the left, sway to the right
5-8	holds

9-16 SWAYS, HOLD, JAZZ BOX CROSS

1-2-3-4	sway to the left, sway to the right, sway to the left, hold
5-8	cross right over left, step left back, step right to right side, cross left over right