



GOD MADE FRIDAYS

Music : God made fridays – Ryan Griffin(2023)

Choreographer : Chrystel DURAND (feb 2025)

Description : 32 counts, 4 walls, 1 restart

Level : improver

Intro : 2 x 8

1-8 R DOROTHY STEP, TRIPLE STEP DIAGONALLY LEFT FORWARD, SYNCOPATED ROCK R FORWARD, RECOVER, ROCK R SIDE, RECOVER, BEHIND SIDE CROSS

1-2& Step right diagonally right forward, lock left behind right, step right diagonally right forward

3&4 Step left diagonally left forward, step right next to left, step left diagonally left forward

5&6& Rock right forward, recover on left, rock right side, recover on left

7&8 Cross right behind left, step left to left side, cross right over left

9-16 STEP L TO LEFT, TOUCH R, STEP R TO RIGHT, L COASTER STEP, STEP ½ TURN L, STEP ¼ LEFT

1&2 Step left to left side, step right next to left, step right to right side

3&4 Step left back, step right next to left, step left forward

5-6 Step right forward, ½ turn left (weight on left foot) 6.00

7-8 Step right forward, 1/4 turn left (weight on left foot) 3.00

Restart here on wall 3

17-24 CROSS R & HEEL R & L TOUCH & HEEL R, TOGETHER, CROSS L & HEEL L & R TOUCH & HEEL L&

1&2& Cross right over left, step left slightly back, right heel diagonally right forward, step right on place

3&4& Touch left toe back, step left on place, right heel diagonally right forward, step right next to left

5&6& Cross left over right, step right slightly back, left heel diagonally left forward, step left on place

7&8& Touch right toe back, step right on place, left heel diagonally left forward, step left next to right

25-32 STEP ½ TURN, RUN RUN RUN, ROCK STEP FORWARD, RECOVER, COASTER STEP

1-2 Step right forward, ½ turn left (weight on left) 9.00

3&4 Run 3 steps (RLR)

5-6 Rock left forward, recover on right

7&8 Step left back, step right next to left, step left forward

RESTART : on wall 3 (face at 6.00) dance the first 16 counts and restart the dance from the beginning face at 9.00